

MANDALA

meaning circle in Sanskrit

Represents wholeness or oneness with oneself and eternity

Tibetan Buddhist Monks



The tradition of Mandalas first began in Tibet through the cultural practices of Buddhist Monks.

Mandalas are an impermanent artwork created with multicolored sand. The Monks design elaborate images based on religious symbols which are carefully painted and then destroyed after a week or more of offered prayers. The sand is offered back to the earth by distribution in a nearby river to be carried to the corners of the earth.

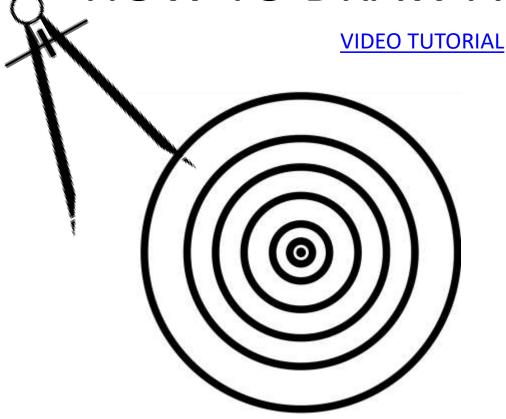


THE PROCESS

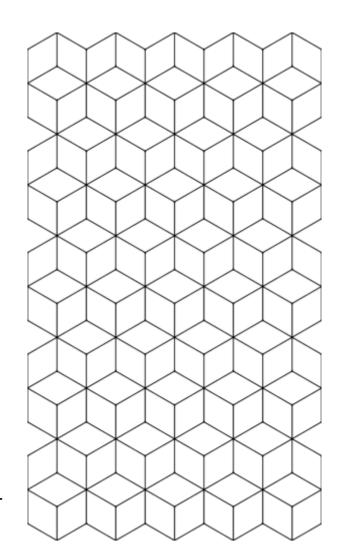
TIBETAN MONKS CREATE A MANDALA



HOW TO DRAW A MANDALA



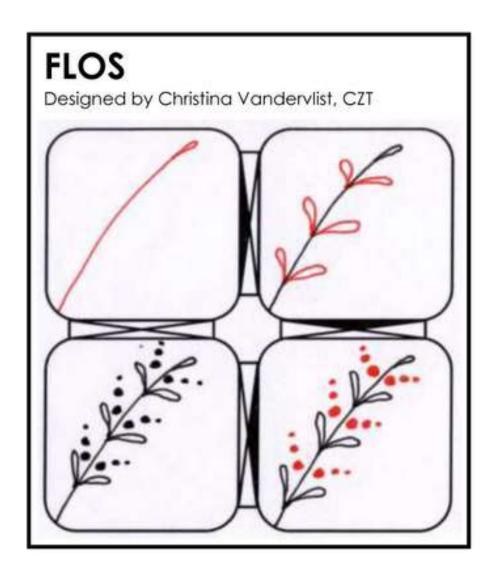
- 1. Use a compass or stencils to create a series of concentric circles on paper (DRAW LIGHTLY)
- 2. Apply a grid or other radial design measurement tool to the circles
- 3. Draw henna, mehndi, symbols or other zentanglelike designs onto the grid





ZENTANGLES and MEHNDI/HENNA

an abstracted drawing created through a repeated structure of complex patterns





Tutorials and images are available online for further research on designs to implement

SYMBOLS with MEANING

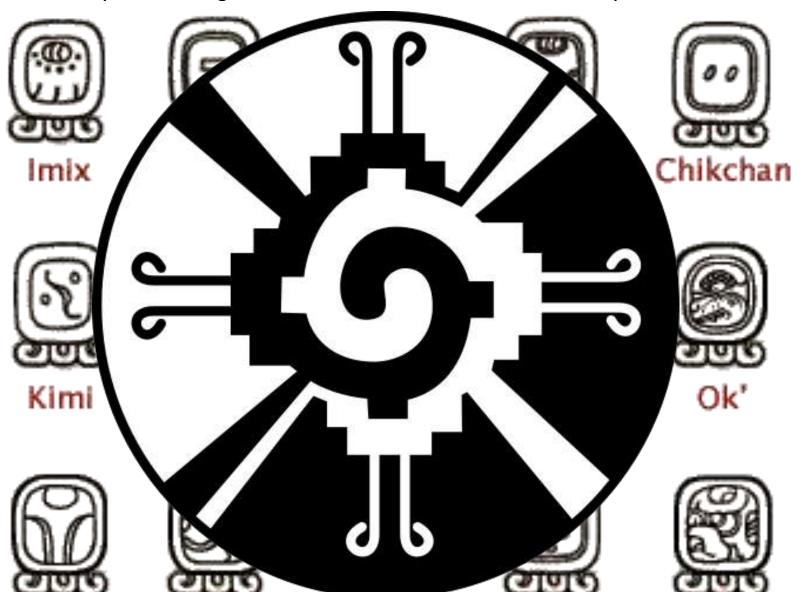
Many cultures use sacred symbols in traditional designs



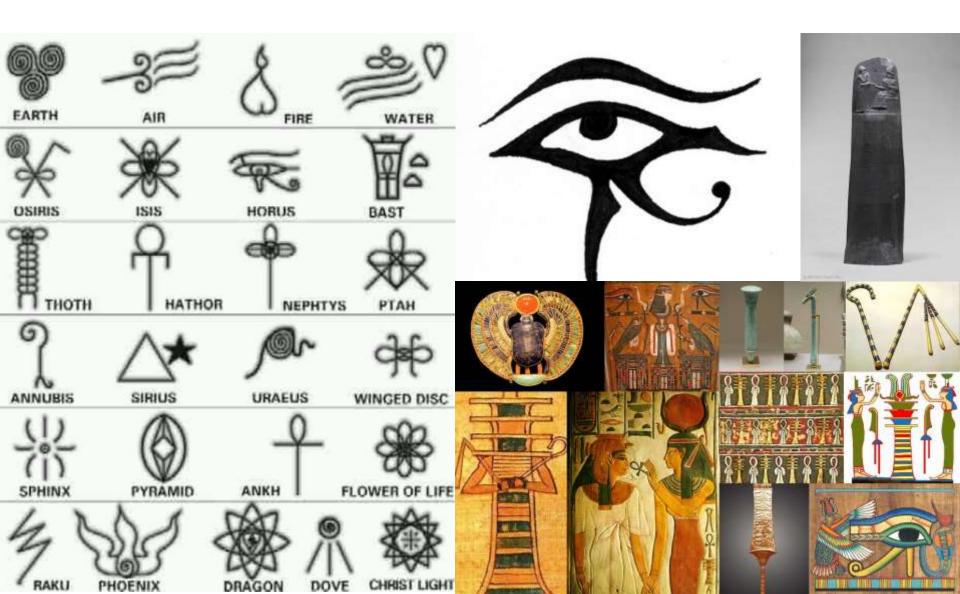


ANCIENT MAYAN SYMBOLS

Note how many of the images are radial in nature similar to the Mayan calendar we viewed



ANCIENT EGYPTIAN SYMBOLS



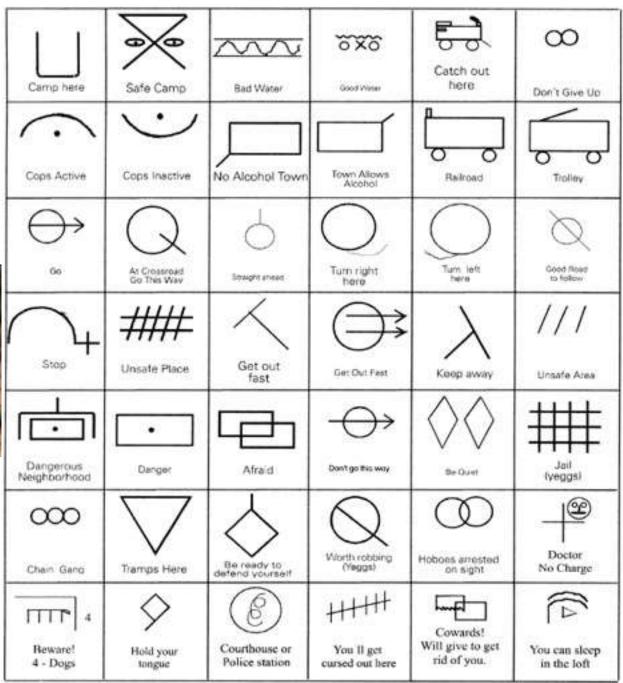
HOBO CODE

List of images

A code still exists today for modern hobos.

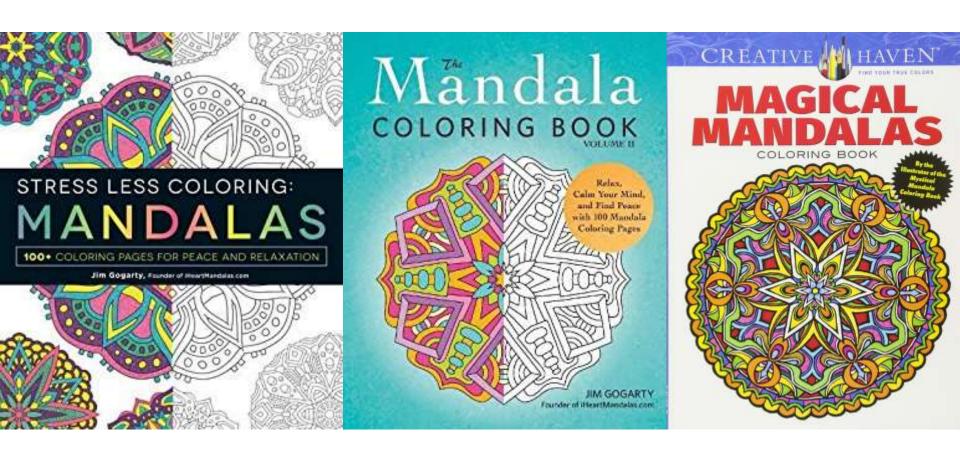


The use of hobo code was referenced in the TV show Mad Men (*image above*) showing the image meaning "a dishonest man lives here"



MANDALAS in POPULAR MEDIA

MANDALA COMPILATION





HORROR VACUI

is a literal fear of empty space





Sand Art Story Telling In Action

Joe Castillo Website











OJOS DE DIOS

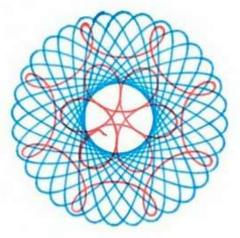
GOD's EYES

Yarn-wrapped sticks create a radial design

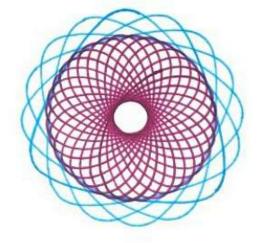




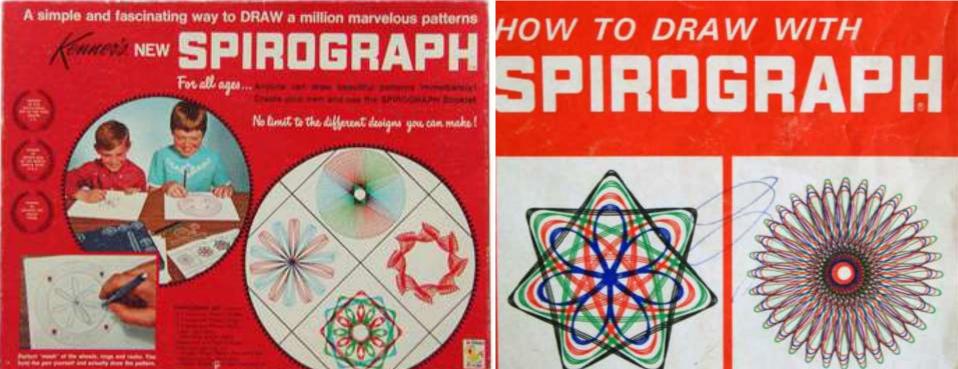
SPIROGRAPH







Spirograph in action



HOW TO DRAW WITH

